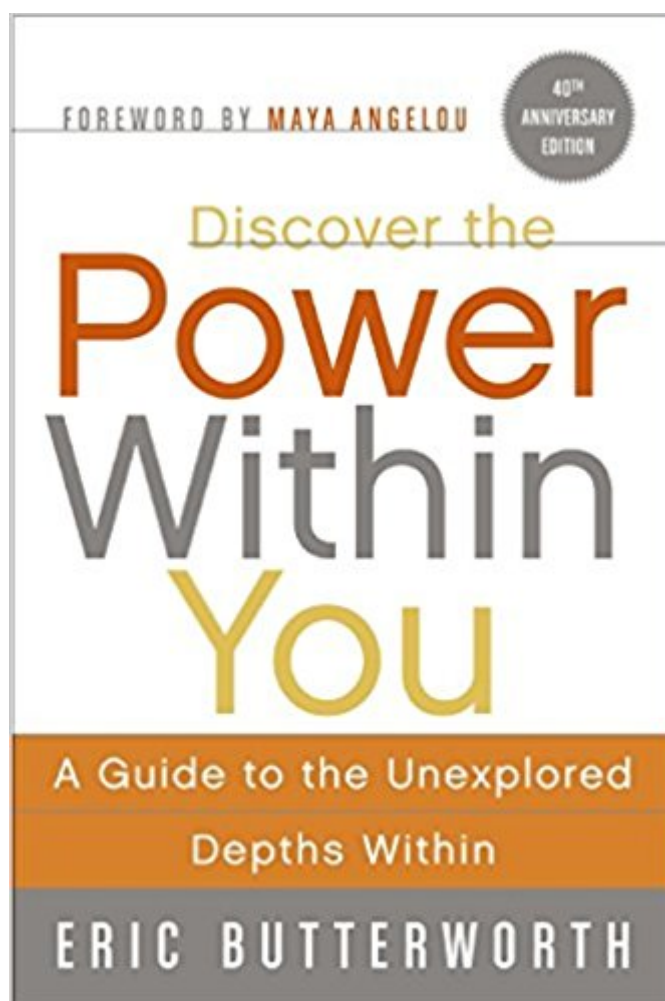


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# Discover The Power Within You: A Guide To The Unexplored Depths Within



## Synopsis

The Inspirational Classic That Has Sold More Than 250,000 Copies! In this 40th anniversary edition of Eric Butterworth's inspiring tour de force, the author shares the greatest discovery of all time: the ability to see the divine within us all. Jesus saw this divine dimension in every human being, and Butterworth reveals this hidden and untapped resource to be a source of limitless abundance. Exploring this "depth potential," Butterworth outlines ways in which we can release the power locked within us for better health, greater confidence, increased success, and inspired openness to let our "light shine" forth for others.

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## Customer Reviews

• "This book changed my perspective on life and religion. Eric Butterworth teaches that God isn't up there. He exists inside each one of us, and it's up to us to seek the divine within." (Oprah Winfrey)

• "A wonderful book...truly a life-changer, as many readers know. This book really does release the power within us all." (Norman Vincent Peale)

• "For many, this book will be an answer in itself. For many more, it will open doors to ever-richer depths." (Ira Progoff, Founder, Intensive Journal Program for Self Development)

Eric Butterworth (1916-2003), often referred to as a "Twentieth Century Emerson," is considered a legend and spiritual icon in the Unity Movement. A visionary and an innovator, he originated the Spiritual Therapy Workshops. The author of sixteen bestselling books on metaphysical spirituality, a

gifted theologian, philosopher, and lecturer, Butterworth was a highly respected New Age pioneer and innovator of New Thought, whose life was dedicated to helping people to help themselves.

I am enjoying this book but not loving it. Let's get the negative point out of the way: I have never been a fan of religion; I have tried visiting many different sects of Christianity (RC, Anglican, Baptist, Lutheran, and more) but have always felt the "sermons" to be more about "man the sinner, the fallible creature who can never be good enough until he is dead, and finally gets to go to Heaven". Who wants to grow up hearing negative crap like that? It conditions your brain to see yourself as lacking potential, missing something, bad. "Original sin" is probably the most psychologically and everlasting damage the church could ever instill in its congregation. We should be told of our infinite potential for everything, the blessings and the goodness within us, our abilities to achieve all that Jesus achieved and more (as Jesus told people was possible). But that doesn't happen in traditional church and that has never sat well with me. If you don't give a flower sunlight and water, the most precious gifts from god, the flower dies. Humans are the same. So, while reading this book there are times when Butterworth comes across as a "minister" and that gets my "ego up". I started to turn away from the wise words within. But that is my problem, and once I realized that it was happening, I could use the "gap" I have learned to create between action and reaction, picture myself doing that or thinking it, and then choose NOT to react in my traditional way. Once I did that, the beauty of this book was opened up to me, and the path to a higher understanding was cleared for me. God, The Universe, Force, whatever you want to call it, acted through me, to help me see things differently. God didn't \*give\* me clear sight; it wasn't a "gift", or an "offer" for being a good boy. I don't believe that God works that way. In fact I really don't believe in the Christian concept/belief/guess of "God". Not the god of traditional Christian doctrine anyway. The words of Jesus, what Jesus was trying to convey, and the interpretations of the religion OF Jesus, as opposed to the current religion ABOUT Jesus by the trained storytellers in the traditional Christian churches (ie. priests, ministers, etc) just don't seem to mesh right for me. And they never have. To me. But the explanations/interpretations in this book make a lot more sense to me. So we lose one star due to the activated ego caused by the sometimes, "I the minister say unto thee..." (he never says that of course) feeling of this book. The fantastic four stars are explained below: Butterworth explains many of the quotes used in the bible in a way that my skeptical mind can understand. I have never found the teachings of the church particularly compelling, nor have I been able to accept them easily. Jesus as a man I can understand. Jesus as a prophet, a learned and enlightened man I can agree to. But Jesus as incarnate God, going about tossing out "gifts" from God left right and center has always been tough

for me to swallow. Butterworth's explanations of HIS church's interpretations (Unity Church) make much more sense to me. For example when Jesus had to pay the Roman taxes he told Peter to go and catch a fish and in the fish's mouth would be a gold coin. And so it was. Taken literally it sounds kind of silly, but when we understand that this was and still is an expression, a metaphor of "riches through work" we can begin to see a realistic situation: "Peter go and do your job, work hard, apply your trade, your skills and use your mind to catch a load of fish. Then go to the market and sell the fish. We can pay the taxes with your profits." These are the words of a wise man to a man who is panicking and has forgotten that within himself he has all the knowledge and skill to overcome the challenge at hand. Butterworth also discusses the meaning of heaven on earth, God within us, looking into ourselves to find God (as opposed to God being some personal relationship, some extraterrestrial being, "out there"), and also the natural Divinity of Man. I don't believe this can be called self-worship; the author clearly is trying to show us if God is everywhere, then God is also within us, as well as without. This is an explanation trying to show we mortal creatures that if we work hard, if we challenge ourselves, if we always seek the higher path, choose the Good for the Great, and understand that we are not born in sin, but rather born in Love and God's grace therefore have the chance to strive with our own hard efforts to grow and tap into our god-given divinity, then we have the chance to become better people and we have the opportunity to live in the Kingdom of heaven right now. Right here. The Unity Church has a different take on the translation of the ancient words of Jesus, compared to traditional church interpretations. I would not say one is right and one is wrong, and neither should anyone jump to that conclusion. Because the Bible, and the words inside are millennia old, have been translated back and forth from so many languages and between people with so many different opinions that nobody can rightfully claim that one version is right and the others are wrong. What is important is the message, and how the message makes sense to YOU. Many miracles occur in the words, the story in the bible. But couldn't they just be something that happened, that the people of thousands of years ago couldn't explain? After all, gravity was a miracle of God at one time, but now we know it is just a Scientific Law. A miracle isn't necessary a gift from god that SHe gives to some and not to others. Were that so, then it would mean that God was selective, and God liked to play favourites. That does not sound at all like a God of infinite love. For the traditional Christian, this book might be a bit tough, because it very well could challenge the beliefs your church, and the men and women who have worked there instilled in you through their interpretation of the Bible. On the other hand, it might help you to see a little bit more clearly into the religion OF Jesus, instead of traditional doctrine which focuses on the religion ABOUT Jesus. It doesn't HAVE to be "supernatural" things going on in the bible; after all, Jesus taught that

we are able to attain a similar understanding to him, if we followed the right way. For the non-believer, or undetermined believer, the words of Jesus and his disciples, when taken out of "miracle context" make a HUGE amount of sense and can really open your eyes so that you understand your spiritual, divine self even more. This is a good thing as it helps us to really see that we can give thanks, love, gratitude and appreciation for what we have now, and expand that to encompass others naturally while focusing on improving ourselves, making our lives richer, healthier and more spiritually satisfying, which leads to a much healthier and happier outlook on the world, our current situations and challenges. This is a good book as it helps me to grow, and to understand myself even better; the potential within me and also that which exists within every other human born and yet to be born flows from deep within. And that deep spot is where God resides. One final word: what really matters most, I think, is the good things you take away from this book. If the information in here helps you to see things even a little more clearly, expands your horizons a tiny amount, leads you to become even a fraction better, and points you in a good direction THAT MAKES SENSE TO YOU, then the book and the words within have value. And meaning. I Am. And I love you.

I chose a 4 star rating for this book simply because it is a little out of date in terms of the reference made in it; however, the overall content is timeless and relevant. If you are on the journey to understanding your own personal spirituality and innate divinity that is within us all then this is a wonderful book written with lots of refreshing ideas and concepts to consider. At times the author does get a little wonky for me, but I simply had to slow down and sometimes re-read a page or two to get the full meaning of what he was trying to convey. There are parts of this book that I didn't get at all or only felt like I was scratching the surface in understanding the message but they were few and far between and what I have learned in my personal development is that over time and with persistence and intention greater insight can be gained when reading a book that deals with spirituality and the ability of humankind to shape and itself and those around us. Remember it all starts within and that is a key component of this book. You have to be willing to expand your thoughts and explore beyond what we have been traditionally taught. To look beyond what seems obvious to what really is. I believe this book provides good examples of how to do this within the context of "Christian" thinking. I would recommend this book to anyone who is open to and seeking a deeper understanding of who they are, their full potential in the world and how to live harmoniously, first with themselves, and secondly with others.

I recently moved from a traditional Methodist church to the Unity church. This book was

recommended as a way to introduce me to a different way of looking at Christianity. What I found in this book was exactly what I was looking for and missing from my traditional church. This book is about the spirit within each of us and not about church doctrine, dogma, or church policies. "The Power Within You" speaks to your spirit, your soul, from the perspective of Jesus' teachings from His spirit. The book is filled with Bible stories that are given a different perspective, aimed at lifting your spirit, the divine in you. There are no doubt many "christians" that would not care for this book at all. But for me, this book is like a breath of fresh air just when I needed it.

I purchased this as a book on self-development and found it to be a book about Jesus, actually about both. I would strongly recommend it to those who take a Christian point of view because it argues that what Jesus meant was far from establishing a religion ABOUT Jesus but establishing a mindset that accepts one's own divinity. It could easily serve to bridge the gap between agnostics like me and open-minded believers.

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